1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

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The People of Greece

The Legend

When God was building the earth, he lavished all goods such as water, pasture, forests, and rich soil on the countries of the world. Then suddenly he remembered that he had forgotten Greece. What could he give to this country since he had given all the riches to the others? He started stroking his beard thoughtfully. All at once an idea struck him when he saw the rainbow hanging over his head. Reaching up, he chopped a piece off, stooped and picked up a little soil and many stones, and kneaded the whole thing together in the palm of his hand. Then, opening his palm, he blew the mixture into the sea, and Greece came into being.[1]

In its symbolic meaning, the rainbow of the legend is the Greek people who are as colorful as the sun-drenched rocks on which their nation grew to greatness.

The fact that the Athenian civilization with its poets, philosophers, dramatists, and sculptors had its origin in a city of less than two hundred thousand people on the rocky Attic plain has been a source of wonder to all who know anything of ancient Greece. But today there is also a miracle of Greece at which to wonder. In our twentieth century we see a land of 51,182 square miles supporting eight million people; that is, an area the

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horsefly, he will put it in his wallet for good luck. Or if he is returning from the field and sees two crows quarreling while flying high over a house, he will be reminded of the belief that either the husband or the wife in that house will die soon. If he sees a crow pass in front of him from right to left, he will consider it a good omen; but if from left to right, he will expect bad luck. Should a rabbit or snake be in the path ahead, the peasant knows he must walk on in a straight line; should the road turn to the right or left, then the individual had better return home and start the journey the following day.

A spider walking on you will bring good luck, but if you come upon two snakes fighting and eating each other, a close relation of yours will die. Should you be a shepherd in the Vardousia Mountains of Central Greece, you would probably believe that the wild goats which graze in herds are guarded by the devil and that is why one can hear them make a whistling noise. Furthermore, these wild goats have the same notches cut in their ears as the tame ones kept by the shepherds, which to these mountaineers is proof positive that the devil must be the one who puts the markings there.

Seeing some insect or animal may bring to mind a story learned when a child. The bee, for instance, was once as white as cotton. When Adam and Eve met the devil in the Garden of Eden, it was the bee that saw them first and flew immediately to tell God the news. The devil, who was then holding a burning torch in his hand, ran and tried to catch the bee to keep her from her mission. He could not reach her, but as she was nearing God the devil from afar threw the flaming torch at her. The fire singed her so that she became black. God, who saw all of this, ordered the human beings to burn in the churches only the candles made from beeswax since the bee had proven to be the purest creature of all. I am often asked if these folk beliefs (cited here and in later sections of this book) are widely held or are only the relic in the mind of some aged person. It is safe to say that almost all of them are very much alive at the conversational level. People are aware of them, talk about them. Obviously, many act on them, while others do not. But they are a part of the general atmosphere, as is the belief common in America that a person should not walk under a ladder.

Such beliefs, stories, and personal experiences with many kinds of plants and animals reinforce the rural Greek's sense of intimacy with nature, which develops because of his constant exposure to the elements in the course of his daily life. The Greek peasant, like many farmers elsewhere, moves through a living landscape with which he communicates.

The same holds true for his view of the cosmos and the movement of the heavenly bodies.[7] One of the simplest and clearest descriptions of the latter is taken from an account of a village prepared by a singing master in

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1
Macedonia

"You ought to come harvesting and stay with us for a week and you would have plenty of material for your book," said one of the men good-naturedly. "When working in the wheat we sleep in the fields with only a blanket for a bed. It has been raining and we have been wet through and through. We can't wash ourselves, we can't even wash our plates — we are so busy."

"Where do you get your food?"

"The person for whom we work feeds us. He gives us garlic, olives, bread, salted fish, and sometimes a bean soup or potatoes. We all lose weight during this period and wish we didn't have to work this way."

"Are you well paid for your work?"

One of the men, unshaven and tired, but gay throughout the conversation, said that the average pay was about 10 okas of grain for 1 stremma of land (28 pounds for one fourth of an acre). A man might get 14 okas and a woman as low as 7 okas, but the average ran about 10. There was no explanation for this different treatment of the sexes except that the bargaining position of the woman was lower. (I compared this figure of 10 okas with the 20 okas that the farmers of Thessaly paid a combine owner for each stremma of land harvested, while they had to pay 30 okas per stremma when the harvesting was done by hand, losing about 10 okas through this less efficient way. Out of the total yield of 150 to 200 okas per stremma in Thessaly, the cost amounted to 7 to 10 percent of the crop in the case of the machine and 15 to 20 percent in the case of hand harvesting.)

"Do you get enough wheat during the harvesting period to see you through the year?"

"It all depends. Some years we do and some years we don't. Bread is our only food. It is our milk, cheese, butter, honey, sugar, all in one. What the grass is to the animal, bread is to us. Otherwise we live on air and water."

Then, as though carried away with some of their troubles, one of the men asked, "Do you know what we say about our village of Parthenon? We say that when Christ walked by our village he left us a curse, for we have only stones there." Another added a variation, "Yes, when Christ passed he blessed what was on his right, but on his left he threw stones." Even this rationalization had no trace of bitterness, but a matter-of-factness that was supposed to help the foreigner understand why they were having difficulties with food. Other villages down on the plains had an easier time of it, but Parthenon, high on its rocks, had to make a living the hard way.

Coming back to the question of harvesting, we asked them when they would get their wheat, for they were carrying nothing but a woven handbag or a spare jacket. In about a month they would return, for then the grain would be threshed and ready to distribute. Each person had carried his

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The Annual Village Festival

The annual village festival, held on the name day of the saint for whom the local church is named, although a community event, serves also as an occasion for absent family members to return for a visit.[3] On such days literally hundreds and sometimes more than a thousand outsiders visit the village to join in the local excitement. Many families have so many guests that they hardly know where to put them all; food and drink are plentiful, and dancing is the order of the day. The local shopkeepers count heavily on this occasion to bring them out of the red, even though traveling merchants also make their appearance to take care of the swollen number of clients. The local government sees to it that these outsiders or their transactions are taxed. A relatively few attend the masses being held in the church since the festival is more secular than religious. One is impressed in talking with villagers about these festivals how frequently they stress the fact that they all "put on the best clothes and new clothes if possible" in order to make a good impression upon the visitors and other villagers as well.

Throughout Greece one can see many well-known national dances on these festival days. Most of them are round dances, with the dancers holding on to hands or wrists of those next to them. The musicians stand in the center of the circle and strike up the tune. A slow "dragging-trailing" dance is called the *syrtos;* one calling for jumping or leaping steps is a *pidictos;* and others are mixed. Many of these dances have much in common with ancient dances depicted on friezes or described in the writings of classical times.

An example of the syrtos type is the *kalamatianos,* named for the town of Kalamata in the southern Peloponnesos. Here the dancers hold each other by the wrist. The leader of the dance may break away from the circle and go through gyrations which would do credit to a professional acrobat; throughout this performance he flutters his handkerchief (the symbol of leadership), and when ready he may throw the handkerchief to his neighbor or someone else who wishes to lead the dance. The *geranos,* another syrtos dance, is supposed to have been danced by Theseus and the youths and maidens with him on Delos when he returned there after slaying the Minotaur on Crete. The movements of the dance are said to imitate the twists and turns of the labyrinth which was the lair of the mythological monster.[4]

Another syrtos dance is the *zalongos,* which commemorates the dance of the Souliote women in Epirus who, upon the defeat of their men folk in December 1803 by Ali Pasha of Ioannina, took refuge on a high and inaccessible rock situated above the river Acheron, where they began to dance and, still dancing, threw themselves over the precipice into the gap-

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

ing abyss below, with their children clasped in their arms. "Farewell ye springs, ye forests, ye mountain-ridges" begins the folksong which accompanies this dance.[8] Thus the dance keeps alive in the memory of the people what their forebears suffered under the alien Turks. The *zervos*, another syrtos dance, is "left-handed" in that the dancers move from left to right rather than in the customary direction from right to left.

Perhaps the most picturesque leaping dance is the *tsamikos* of Epirus, the region where the Souliote women lived. In dancing this even today the men sometimes wear their small arms as they used to many years ago, reminiscent of the ancient Pyrrhic armed dances. This dance and the zalongos, mentioned above, have done much to re-emphasize the stereotyped image common throughout Greece that Epirus is a place of violence, heroic men and women, and a fortress of the independent spirit. Other leaping dances derive from the *klephts*, or guerrillas who fought against the Turks before Northern Greece gained her independence in this century. The chief dance in Thessaly is the *karagouna*, probably Wallachian in origin; the *yerakina*, which is a Thracian dance, has also become popular throughout Greece.

The most common example of the mixed type is the *hasapikos*, or butchers' dance, which comes down from Byzantine times when the butchers' guild used this dance on its feast days. Whereas many of the other dances are stately or heroic, this one provides an outlet for considerable comic activity by dancers so inclined. In other words, there are dances to suit everyone's taste and it is up to the leader, who pays the musicians, to call for the dance he wants and at which he is most adept. Certain dances are prescribed for certain occasions but, once the formalities have been observed, other dances can be chosen. It is disconcerting to a visitor, who has been held entranced by the color, intricacies, and ancient lineage of the folk dances, to hear the orchestra strike up some American popular music of twenty or twenty-five years ago and then see the young people shift from the round dances to dancing in couples. Young men who have displayed great agility in their leaps in a klephtic dance now have to be led like sheep by the girls who have taken the trouble to learn a few of the new steps; or if the girls do not know the steps either, the boy, usually a beat or two behind the music, tries to imitate the movements of some good dancer.

Thus festival days bring everything one could ask to a village: dances old and new, visitors of every description, wares not often sold locally, and an occasion to eat and drink to one's full capacity without fear of criticism. Most of all, it gives the community a chance to have its day in the sun, to be the cynosure of the surrounding territory, and to store up incidents which family members and neighbors can talk about in the days ahead.

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

783 748 Pierce College. It is hard for most Greeks, no matter how highly trained, to bring into the social worker–client relationship an objectivity modeled on the doctor–patient relationship. The Greek social worker finds it difficult to think of the client as a case and almost immediately empathizes or scolds in a way that would be considered quite unprofessional by American standards. Psychiko, hardly the twentieth-century rationale for social welfare, continues strong in Greece today, and the Bishop of Messenia is doing much to keep it alive in his diocese, which seems much the better for it.

The Peasant Confronts Death

761 773 775 The peasant assumes that there is an afterlife and talks about doing kind deeds "for the good of the soul." But these practical villagers do not talk much about death, although they do have some fixed beliefs and prescribed customs which stand them in good stead when confronting it. For example, there is the matter of Charon who, according to the beliefs of ancient Rome, was the boatman transporting the dead across the River Styx. I shall never forget the sensation of riding along in the northern Peloponnesos between Kleitoria and Kalavryta, enjoying the bright May afternoon, when my interpreter pointed out a small and pleasant stream said to be the waters of the Styx.[17] Greek peasants do not assign the same role to Charon as did the Romans, for they think of Charon as death itself, or as the angel of death whom God sends down to bring back the soul of someone whose time on earth has run its course. There are many songs and stories about Charon, who is personified as one who wrestles with individuals for their lives or who uses craft to draw the soul out of the body. From time to time he is supposed to have displayed something akin to human sympathy:

> *God and Death:* Once upon a time God sent death to reap a soul but when death heard the lamentation of the relations and saw the beauty of the girl whose soul he was supposed to reap, he felt sorry and returned to heaven without accomplishing his mission. When God asked him why he didn't bring the soul, death replied that he couldn't stand the crying and despair that he had heard and seen. God got very angry and hit death so that he became deaf, blind, and lame. He made him deaf so that he couldn't hear the crying, blind so that he couldn't see whether the soul to be taken away belonged to an old person or a child, and lame so that he could not run away from the place where he was sent.[18]

761 775 [772] Although church art, depicting the medieval Christian conception of heaven and hell, has had some effect upon the view peasants take of "the next world," the people very often reveal a more basic belief in Hades as "a common meeting-place of all whose lives are ended, without distinction of merit. Death is a deprivation of the joys of life, which, with all its troubles and cares, is sweet. The old uneasy feeling that after death it is

5:Hammond M-5 (1948-1950)1956
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IV

THE ORGANIC BODY

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Jerusalem which now is, and is in bondage with her children.

THERE is an old story, still to be heard in the mountain villages, which tells how God fashioned the dry land; how He put all the earth through the mesh of His sieve: here a pile of fine rich soil, the granary of Africa, and there another which was Sicily. When all was done there remained within the sieve a heap of stones and dross: God threw them over His shoulder, and there was Greece. *Tout ce païs*, remarks an old traveller, *est plein de hautes montagnes*.

It is important to bear in mind the physical characteristics of the setting within which the Greek Church carries out her work of reconciliation and renewal. Greece is a land of high mountains and narrow coastal plains; of few towns and wretched communications. The majority of her people live, as they have lived from time immemorial, in small rural communities widely dispersed among the mountains, winning a laborious subsistence from the parched and stony soil which scarcely covers her rocky skeleton. More than half of the whole area of Greece is utterly barren; much of what remains consists of forest and poor pasture; less than one-fifth is under cultivation. Greece and poverty, the saying runs, have ever been sisters.

At the time of the last census approximately one-seventh of the total population of Greece dwelt in the Athens-Piraeus region, the phenomenal growth of which during the last 100 years has set it strangely apart from the rest of the country—even though "the equipages of Athens", as the Abbé de St. Michon observed, "have not quite the freshness nor the elegance of those seen in the Champs Elysées". Salonica had a population which was approaching 300,000; the next largest town, however, was Patras with less than 80,000 inhabitants. Most of the remaining towns, a large proportion of which are situated in the fertile plains of Macedonia and Thrace, are market towns and centres of rural industries but little more.

The Greeks have a story that when God made the world he put the earth through a sieve and used the soil to make the different countries; but the stones that were left in the sieve he threw over his shoulder, and they became Greece.[1] The land is so mountainous, precipitous and stony that out of the 50,100 square miles that constitute the area of Greece, only 25 per cent are usable as fields, orchards and pastures.[2] Yet on this land, out of a population of 7,335,675, according to 1940 figures, 60 per cent are directly engaged in agriculture, and another 15 per cent cater to the needs of the farmers.[3] This condition, as well as a growing population, is basic to the need for technical change in Greece. Through more than 2,500 years, Greece solved the problem of increasing population on limited land by sending out her people as colonists or immigrants. In the first two decades of this century, emigration to the United States provided the main solution. Early in the 1920s' two things took place which combined to make the population problem acute; the United States passed a law under which a quota was applied to immigrants, which limited drastically the number of Greeks who could thereafter enter the country; and the exchange of populations with Turkey, which increased the population of Greece suddenly by more than a fourth. Since then, the population figures from 1928 to 1940 indicate an annual increase of 1.5 per cent.[4] The traditional ways of farming and the traditional crops cannot support this growing population, even in terms of sheer subsistence. Change must be introduced at the very roots of the economy, striking at the relationship of man to the land and of man to his work, which is a close and meaningful one to the Greeks. How to do this without destroying the meaning of life is the question facing those entrusted with the introduction of change into this culture.

We give here a report of the basic structure, tenets, and attitudes of Greek culture which should be considered in applying change.

Greece has been undergoing induced change for several decades now. Before 1920, the centralization of political and civil affairs effected profound and permeating change in village communities which had been used to self-regulation, and where a prominent farmer spent his entire fortune to build a village school, or a schoolteacher, on hearing of the appearance of the enemy in the vicinity, could, on his own initiative, pass out arms and lead his pupils to battle. After the exchange of populations with Turkey in 1922, the Near East Foundation, helping to rehabilitate the refugees, also undertook to introduce changes in sanitation, child care and the standard of living generally. Changes in the areas of agriculture and health were

[1] A. W. Gomme, 1945, p. 11.
[2] *Report of the FAO Mission for Greece*, 1947, p. 85. (*See* United Nations, FAO).
[3] Ibid. p. 134.
[4] Ibid. p. 162.